

Community Gateway Over 65 Illawarra Timetable

Removable timetable to put on fridge

Monday

Walking Group
9:00am - 1:00pm
Weekly
Location Changing

Social Media
BYOD
12:30pm - 2:30pm
Weekly
Wollongong Hub

Trivia
12:30pm - 2:30pm
Monthly
Wollongong City Diggers

Dementia Twilight Tour
5.00 - 7.00pm
Weekly
Wollongong Hub

Tuesday

Shopping Bus
9.30am - 2.30pm
Fortnightly
Location: See page 11

Bingo
10:00am - 2:00pm
Weekly
Builders Club



Wednesday

Knitting & Crocheting
10:00am - 12:00noon
Weekly
Wollongong Hub

Gentle Exercise
12.30pm - 1.30pm
Weekly
Wollongong Hub

Dance Movement
1:30pm - 2:30pm
Weekly
Wollongong Hub

Thursday

Gardening
9:00am - 1:00pm
Weekly
Dapto Community Garden

Bingo
10:00am - 2:00pm
Weekly
Builders Club

Tai Chi
10.00am - 11:00am
11.30am - 12.30pm
Weekly
Wollongong Hub

Book Club
1.00pm - 3.00pm
Monthly
Wollongong Hub

Friday

Ladies Day Out
9.30am - 2.30pm
Fortnightly
Location changing see page

Blokes Day Out
9.30am - 2.30pm
Fortnightly
Location changing see page

Program Bookings



0242248614