Community Gateway NDIS Illawarra Timetable

Monday

We Got the Beat 9:30am - 10:30am Weekly Wollongong Hub

Craft & Conversation 10:00am - 12:00noon Weekly Wollongong Hub

Karaoke 10:30am - 12:30pm Monthly Hellenic Club Figtree

Bowling 12:00noon - 2:30pm Weekly Northern Bowl

After School Activities 3:00pm - 5:30pm Weekly Wollongong Hub

YOD Twilight Bus Tour 5:00pm - 7:00pm Weekly Wollongong Hub

Tuesday

Tourist in your Town 9:00am - 3:00pm Weekly

> Cooking 10:00am - 1:00pm Weekly Wollongong Hub

Dance Movements 1:30pm - 2:30pm Wollongong Hub

After School Activities 3:00pm - 5:30pm Weekly Wollongong Hub

Aqua 9:30am - 10:30am Weekly McKeons Unanderra

Wednesday

MamaBake Playgroup 9:30am - 12:30pm Weekly Wollongong Hub

Art 10:00am - 12:00 noon Weekly Wollongong Hub

Gateway Groove 10:30am - 12:00 noon Monthly Wollongong Hub

Pottery 12:30pm - 1:30pm Weekly Wollongong Hub

Gentle Exercise 2:30pm - 3:30pm Weekly Wollongong Hub

After School Activities 3:00pm - 5:30pm Weekly Wollongong Hub

> Drama 4:00pm - 6:00pm Weekly Wollongong Hub

Movie Night 5:00pm - 8:00pm Weekly Wollongong Hub

Thursday

Shopping Bus 9:00am - 3:00pm Weekly

Tai Chi 10:00am - 11:30pm Weekly

Cooking 10:00am - 1:00pm Weekly Wollongong Hub

Younger Onset Dementia 10:00am - 2:00pm Weekly Wollongong Hub

Knitting & Crocheting 1:00pm - 3:00pm Weekly Wollongong Hub

After School Activities 3:00pm - 5:30pm Weekly Wollongong Hub

Thursday Night Social 5:00pm - 7:00pm Weekly Wollongong Hub

Friday

Fishina 9:00am - 12:00noon Weekly Windang

Independent Living Skills 9:30am - 12:30pm Weekly Wollongong Hub

> Blokes Day In 10:00am - 12:00noon **Fortnightly** Wollongong Hub

Photography 12:30pm - 2:30pm Weekly Wollongong Hub

AS Creative Arts 3:00pm - 5:30pm Weekly Wollongong Hub

Saturday

Weekend Ningas 9:00am - 3:00pm Weekly

Weekend Adventurers 9:00am - 3:00pm Weekly

Weekend Warriors 9:00am - 3:00pm Weekly

Weekend Social 9:00am - 6:00pm Monthly



Program Bookings

